


Food Resources

East Boston

Food Pantries: FREE bags of groceries for people in need.

<p>Crossroads Family Shelter 56 Havre St., East Boston 617-567-5926 ext. 15 <u>When?</u> Wednesdays, 3:00pm – 4:00pm <u>What to bring?</u> - Photo ID (passport, school ID, etc.) - Proof of East Boston residency (mail, utility bill, etc.)</p>	<p>Grace Federated Church 760 Saratoga St., East Boston 617-569-5358 <u>When?</u> 1st and 2nd Saturday of the month 10:00am – 12:00pm <u>What to bring?</u> - Photo ID (passport, school ID, etc.) - Proof of East Boston residency (mail, utility bill)</p>	
<p>ABCD/ East Boston APAC 21 Meridian Street 617-567-8857 <u>What?</u> Grocery bag for SENIORS 65+ <u>When?</u> 2nd WED of Month (by appointment only) <u>What to bring?</u> Income Requirement and ID *POP UP food pantry every 3rd Friday in Liberty Plaza from 1-2:30 (no requirements)</p>	<p>BCYF Paris St. 112 Paris Street 617-635-5125 <u>What?</u> Grocery bags <u>When?</u> Tuesday and Fridays –after 12:00 pm</p>	<p>Outreach Van Project Central Square Park, 197 Border St. 617-358-7476 <u>What?</u> food, toiletries, and clothes <u>When?</u> Thursdays, 7:00 – 9:00pm</p>
<p>EBNHC - Community Resource and Wellness Center 282 Meridian Street 617-568-4845 <u>When?</u> Thursdays, 1:30-5:30pm Call to Schedule an Appointment</p>	<p>Eastie Farm Call (617) 419-0787 or text 617-207-6545 6 Chelsea Terrace <u>When?</u> Friday 1pm-3pm 294 Sumner St <u>When?</u> Wednesday 12:30pm-1:15pm <u>What to bring?</u> Just your bags! No proof necessary</p>	
<p>East Boston Community Soup Kitchen 28 Paris St., East Boston <u>When?</u> Tuesdays, 8:00am-11am <i>Check Facebook page for start time updates</i></p>	<p>Central Assembly of God Church 50 Bennington St., East Boston <u>When?</u> Mondays, 1:00pm <u>What to bring?</u> No proof necessary</p>	
<p>Faro de Luz Church 332 Bremen St <u>What?</u> Grocery bag <u>When?</u> Tuesday at 10:30am</p>	<p>East Boston High School 86 White St., East Boston Call to schedule pick-up 857-293-9320 <i>*student families only</i></p>	<p>Eagle Hill Neighbor-led Food Distribution 218 E Eagle St, East Boston (857) 816-9151 <u>What?</u> Food box with vegetables, fruits, bread, and proteins <u>When?</u> Saturdays at 12:00pm</p>

Low Cost Food:

<p>Fresh Truck- SNAP/HIP Maverick Square <u>What?</u> Low cost fruits and veggies <u>When?</u> Mondays 3-5:00pm</p>	<p>Online EB Farmers Market – SNAP/HIP 250 Sumner Street, East Boston SNAP/HIP online orders: Tuesdays and Fridays Pick-Up: Thursdays from 2-6pm <i>Learn More: 617-568-4783</i></p> 
<p>Maverick Landing Community Services Fair Foods Sites <u>What?</u> Bags of mixed vegetables for \$2.00 Maverick Landing Community Services 31 Liverpool St. Wednesday, 2:00-3:00pm Harborside- Frozen meals and produce bags 312 Border Street, Wednesday, 4:30-5:30 pm</p>	

For more food resources, call the Project Bread hotline at 1-800-645-8333.

Updated 07/2023