



Monday	Tuesday	Wednesday	Thursday	Friday
29 All Staff Vacation Day! 	30 Welcome to Camp! Bagel Sandwich w/Sausage & Cheese Bagel Sandwich w/Veggie Sausage and Cheese (V) Fruit Salad Hand Fruit	31 Mini Muffins Mini Bagels w/Cream Cheese Fruit Salad Frozen Yogurt Hand Fruit	1 Croissant Sandwich w/ Turkey-Bacon & Cheese Croissant Sandwich w/ Veggie Bacon & Cheese (V) Fruit Salad Hand Fruit	2 Mini Muffins Mini Bagels w/Cream Cheese Fruit Salad Frozen Yogurt Hand Fruit
5 Mini Muffins Mini Bagels w/Cream Cheese Fruit Salad Frozen Yogurt Hand Fruit	6 Bagel Sandwich w/Sausage & Cheese Bagel Sandwich w/Veggie Sausage and Cheese (V) Fruit Salad Hand Fruit	7 Mini Muffins Mini Bagels w/Cream Cheese Fruit Salad Frozen Yogurt Hand Fruit	8 Croissant Sandwich w/ Turkey-Bacon & Cheese Croissant Sandwich w/ Veggie Bacon & Cheese (V) Fruit Salad Hand Fruit	9 Mini Muffins Mini Bagels w/Cream Cheese Fruit Salad Frozen Yogurt Hand Fruit
12 Mini Muffins Mini Bagels w/Cream Cheese Fruit Salad Frozen Yogurt Hand Fruit	13 Bagel Sandwich w/Sausage & Cheese Bagel Sandwich w/Veggie Sausage and Cheese (V) Fruit Salad Hand Fruit	14 Mini Muffins Mini Bagels w/Cream Cheese Fruit Salad Frozen Yogurt Hand Fruit	15 Croissant Sandwich w/ Turkey-Bacon & Cheese Croissant Sandwich w/ Veggie Bacon & Cheese (V) Fruit Salad Hand Fruit	16 Mini Muffins Mini Bagels w/Cream Cheese Fruit Salad Frozen Yogurt Hand Fruit
19 Mini Muffins Mini Bagels w/Cream Cheese Fruit Salad Frozen Yogurt Hand Fruit	20 Bagel Sandwich w/Sausage & Cheese Bagel Sandwich w/Veggie Sausage and Cheese (V) Fruit Salad Hand Fruit	21 Mini Muffins Mini Bagels w/Cream Cheese Fruit Salad Frozen Yogurt Hand Fruit	22 Croissant Sandwich w/ Turkey-Bacon & Cheese Croissant Sandwich w/ Veggie Bacon & Cheese (V) Fruit Salad Hand Fruit	23 Last Day of Camp! Mini Muffins Mini Bagels w/Cream Cheese Fruit Salad Frozen Yogurt Hand Fruit



Camp Harbor View: Session 2

August 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>29 All Staff Vacation Day!</p> 	<p>30 Welcome Session 2!</p> <p>Meatball Sub Eggplant-Meatball Sub (V) Roasted Broccoli Caprese Salad Lemon Water Salad Bar*</p>	<p>31 BBQ Chicken & Caramelized Onion Pizza w/Ranch Drizzle Buffalo Cauliflower & Caramelized Onion Pizza w/ Ranch Drizzle (V) Sweet Potato Hash Kale Caesar Salad Watermelon & Cucumber Water Salad Bar*</p>	<p>1</p> <p>Grilled Steak Tacos Cheese Enchiladas (V) Rice and Beans Spinach & Goat Cheese Salad Lime Water Salad Bar*</p>	<p>2 COOKOUT!</p> <p>Hamburgers & Hotdogs Veggie Burgers (V) Corn on the Cobb Macaroni & Potato Salad Sliced Watermelon Bottled Water</p>
<p>5</p> <p>Buffalo & BBQ Party Wings Buffalo & BBQ Satan (V) Loaded Potato Skins Garden Salad Mint Water Salad Bar*</p>	<p>6</p> <p>Grilled Flank Steak w/Basil-Pesto Mayo Roasted Veggie & Cheese Panini (V) Oven Roasted Potatoes Caprese Salad Lemon Water Salad Bar*</p>	<p>7 Taco Pizza with Crushed Ranch Chips & Sour Cream Drizzle Pizza Verde w/ Arugula, Mozzarella & Balsamic Drizzle (V) Layered Bean Dip w/ Veggie Chips Kale Caesar Salad Watermelon & Cucumber Water Salad Bar*</p>	<p>8</p> <p>Chicken Turkey-Bacon Ranch Sliders Buffalo Chickpea Ranch Sliders (V) Spicy-Herbed Tater Tots Spinach & Goat Cheese Salad Lime Water Salad Bar *</p>	<p>9 COOKOUT!</p> <p>Hamburgers & Hotdogs Veggie Burgers (V) Corn on the Cobb Macaroni & Potato Salad Sliced Watermelon Juice</p>
<p>12</p> <p>Crispy Chicken Zucchini Corn Fritters (V) Macaroni and Cheese Garden Salad Mint Water Salad Bar*</p>	<p>13</p> <p>Meatball Sub Eggplant-Meatball Sub (V) Roasted Broccoli Caprese Salad Lemon Water Salad Bar*</p>	<p>14 BBQ Chicken & Caramelized Onion Pizza w/Ranch Drizzle Buffalo Cauliflower & Caramelized Onion Pizza w/ Ranch Drizzle (V) Sweet Potato Hash Kale Caesar Salad Watermelon & Cucumber Water Salad Bar*</p>	<p>15</p> <p>Grilled Steak Tacos Cheese Enchiladas (V) Rice and Beans Spinach & Goat Cheese Salad Lime Water Salad Bar*</p>	<p>16 COOKOUT!</p> <p>Hamburgers & Hotdogs Veggie Burgers (V) Corn on the Cobb Macaroni & Potato Salad Sliced Watermelon Juice</p>
<p>19</p> <p>Buffalo & BBQ Party Wings Buffalo & BBQ Satan (V) Loaded Potato Skins Garden Salad Mint Water Salad Bar*</p>	<p>20</p> <p>Steak and Cheese Subs Portobello & Cheese Sub (V) Oven Roasted Potatoes Caprese Salad Lemon Water Salad Bar*</p>	<p>21 Taco Pizza w/ Crushed Ranch Chips & Sour Cream Drizzle Pizza Verde w/ Arugula, Mozzarella & Balsamic Drizzle (V) Layered Bean Dip w/ Veggie Chips Kale Caesar Salad Watermelon & Cucumber Water Salad Bar*</p>	<p>22</p> <p>Chicken Turkey-Bacon Ranch Sliders Buffalo Chickpea Ranch Sliders (V) Spicy-Herbed Tater Tots Spinach & Goat Cheese Salad Lime Water Salad Bar *</p>	<p>23 Last Day of Camp!</p>

*Salad Bar will vary based on harvest availability; Broccoli & Cauliflower Florets, Cubed Cheese, Hardboiled Eggs, Tuna Salad, Pasta Salad, Grapes, Blueberries, Raspberries, Strawberries, Hummus and Ranch Dressing



Camp Harbor View Dinner: Session 2

August 2019

Monday	Tuesday	Wednesday	Thursday	Friday
29 Staff Vacation Day!	30 Welcome to Camp! Hearty Turkey & Cheese Sub Tomato, Mozzarella Caprese Sub (V)	1 Chicken BLT Wrap Veggie BLT Wrap w/ Fa'con! (V)	2 Turkey-Ham & Cheese Sub Hummus & Veggie Sub (V)	3 Buffalo Chicken Wrap Buffalo Fritter Wrap (V)
5 Caesar Chicken Wrap Tofu Caesar Wrap (V)	6 Hearty Turkey & Cheese Sub Tomato, Mozzarella Caprese Sub (V)	7 Chicken BLT Wrap Veggie BLT Wrap w/ Fa'con! (V)	8 Turkey-Ham & Cheese Sub Hummus & Veggie Sub (V)	9 Buffalo Chicken Wrap Buffalo Fritter Wrap (V)
12 Caesar Chicken Wrap Tofu Caesar Wrap (V)	13 Hearty Turkey & Cheese Sub Tomato, Mozzarella Caprese Sub (V)	14 Chicken BLT Wrap Veggie BLT Wrap w/ Fa'con! (V)	15 Turkey-Ham & Cheese Sub Hummus & Veggie Sub (V)	16 Buffalo Chicken Wrap Buffalo Fritter Wrap (V)
19 Caesar Chicken Wrap Tofu Caesar Wrap (V)	20 Hearty Turkey & Cheese Sub Tomato, Mozzarella Caprese Sub (V)	21 Chicken BLT Wrap Veggie BLT Wrap w/ Fa'con! (V)	22 Turkey-Ham & Cheese Sub Hummus & Veggie Sub (V)	23 Last Day of Camp! Buffalo Chicken Wrap Buffalo Fritter Wrap (V)